

Madan K. Raj M.D. FAAPMR
Interventional Spine Specialist
Board Certified in Pain Medicine
Board Certified in Physical Medicine & Rehabilitation

Pre-Procedure Information

You are scheduled for a surgical procedure. This is very important information, please read through carefully.

1. Please be sure that you will have a driver for your procedure to ensure your safety. Allow 30 minutes for the entire process of the procedure; this includes preparation and recovery time. Patient can have “light meal” prior procedure.
2. Please stop taking all the following medications at least **(7) days** prior to your procedure:
 - **Regular Strength Aspirin, Excedrin**
 - Advil, Motrin, Ibuprofen
 - Nabumetone (Relafen)
 - Piroxicam (Feldene)
 - Arthrotec
 - Celebrex
 - Mobic/Meloxicam
 - Naprelan
 - Naprosyn, Aleve
 - Naproxen (Anaprox, Treximet, Sumatriptan)
 - Voltaren gel
 - Pennsaid
 - Flector patch
 - Indomethacin (Indocin)
 - **Plavix (Clopidogrel)**
 - **Coumadin (Warfarin, Jantoven)**
 - **Effient, Aggrenox**
 - **Pradaxa**
 - **Rivaroxaban (Xarelto)**
 - **Activase (Alteplase)**
 - **Fragmin Injection (Dalteparin)**
 - **Or any other blood thinning medications**
3. Please stop taking all the following medications at least **(1) day** prior to your procedure:
 - Enoxaparin (Lovenox)
 - Baby Aspirin, 81 mg
 - Multi-vitamins/ Vitamin E., Omega/Fish Oil

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Pre-Procedure Information Continued

4. We **cannot** perform any procedures while you are taking blood-thinners. Please check with your physician before stopping your medication.
5. If you are diabetic please check your **Glucose level (must be under 180)** the day of your injection, allergic to steroids, or contrast dyes, please notify the nurse.
6. If you are pregnant, please notify the nurse .

I understand that I MUST have a driver with me.

I certify that I have read and understand this agreement.

Print name: _____

Sign name: _____

Date _____

Thank you for providing information to ensure your safe medical care.